

SPA SERVICES MENU

À la Carte Services

INFRARED SAUNA*	30 min	25
Relieves pain for sore muscles, stimulates the immune system and enhances weight loss		
RELAXATION MASSAGE	60 min	130
Sooth tired, tense muscles		
	75 min	140
	90 min	165
DEEP TISSUE MASSAGE	60 min	140
Work out the knots with this therapeutic massage		
	75 min	150
	90 min	175
SOOTHING HOTSTONE MASSAGE	60 min	145
Deeply relax into the sensation of warm stones smoothed across the body		
	75 min	185
FOOT REFLEXOLOGY	60 min	110
Improve circulation, revitalize energize pathways and enhance well being with this reflex point specific foot massage. Includes a head, neck and shoulder massage		
REFRESHER FACIAL	60 min	110
Cleanse, tone and exfoliate with a customized masque and soothing massage		
DEEP CLEANSING FACIAL	75 min	145
Includes skin analysis, cleanse and tone, soothing facial masque and deeply hydrating moisturizer. Finish with a relaxing head, neck and shoulder massage		

*We are pleased to offer a complimentary infrared sauna session with every à la carte service

Spa Packages

PERFECT BALANCE PACKAGE	90 min	165
A satisfying blend of Foot Reflexology and Body Massage		
REJUVENATION SPA PACKAGE	90 min	185
Re-emerge relaxed and refreshed from this rejuvenating facial and massage		
TOTAL ESCAPE PACKAGE	75 min	245
Soothing hot stone massage, refreshing facial and thorough foot massage		

We invite you to try our spa services in Loden's private spa suite. For more information or to book a service, please contact our Guest Experience Team.